

A DROP IN

Sharing and Support Group

SUPPORT
GROUPS



For Family Members & Friends of Residents at Laurelhurst Village an Assisted Living, Skilled Nursing, & Extended Care Community

Second Wednesday of the Month/Beginning March, 2015 at Laurelhurst Village:

9:00 to 10:30 am OR 7:00 to 8:30 pm

Topics will be directed by the participants and they will also include:

- Taking care of myself as I deal with my issues and feelings
- Making my visits life-giving and beneficial
- Communication skills in being with people with dementia
- End of life issues
- Communication skills including healing touch
- Community support services available for residents
- Resource materials for caregivers will be provided
- FREE! And refreshments will be served

The groups will be facilitated by:

Father John McGrann or Sister Kathleen Hecht
Pastoral Care Staff



*"To seek insight and support is a sign of great wisdom
and strength - not weakness!"*

Yes, I am interested! Please contact me.
Include your own contact information.

Please return this form:

Name: _____ Phone: _____

Address: _____

Laurelhurst Village
Attn: Pastoral Care
3060 SE Stark
Portland, OR 97214

Other Topics I would Suggest:

or call the Pastoral Care Office at 503-535-4714
or email JMGrann@avamere.com

Thank you for Your Consideration

Your Life. Our Commitment.